

## HOW TO MAKE A TABLE RUNNER WITH HALF SQUARE TRIANGLE BLOCKS BY BARBEL

Barbel shares how to make this Table Runner with any 8-inch block, plus her free half square Triangle Block



If you want to make a table runner from square blocks and triangles, you can do these steps:

- For the square you can use any quilt block with the size 8x8, use a stabilizer like no show mesh, which will be very soft after washing.
- Cut your batting a bit smaller than the square or the triangles, so the seams between the blocks do not go over it.

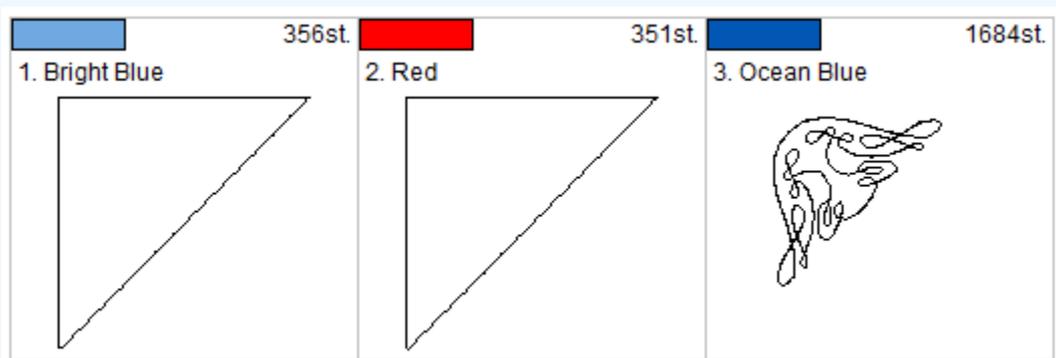


- Embroider your blocks, remove the stabilizer around the blocks as close as you can.
- Cut the fabric around the blocks exactly with a 1cm seam allowance.



- The triangles are NOT half of any 8x8 square
- The sides have to be as long as the square sides. Draw a triangle with the same length of the perpendicular sides as the square and add 1cm seam allowance to each side.

Barbel has very kindly included a 1/2 square Triangle Block that you can download.



[DOWNLOAD 1/2 SQUARE TRIANGLE BLOCK FOR 8X8 HOOP](#)



- Once all squares and triangles are embroidered, sew the rows together.



- Sew the rows together and iron the seams open. Be very careful and use a wet cloth on top, the stabilizer will melt otherwise.



- Now you can add a piping, or a border only.
- The back I sewed on with an opening to turn, but you can also make a binding. To connect all layers, I quilted along some seams.



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Here is the beautiful Table runner that started it all!

Barbel used our [Orange Peel](#) and [Fancy Frame](#) blocks for this version



**Thank you so much for sharing Barbel**