

IN THE HOOP COASTER/POTHOLDERS



What have I learnt?

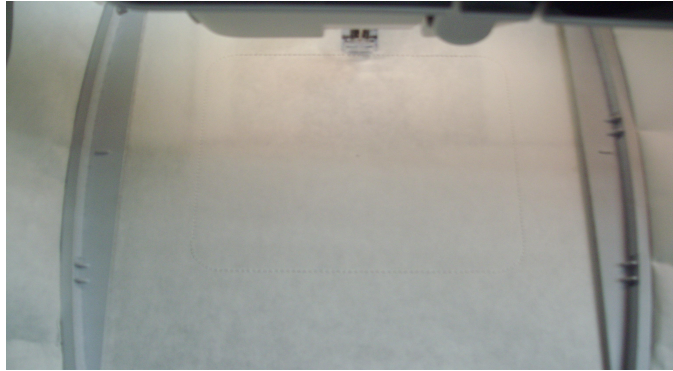
To get the best finishes, you need to use the correct product (that have normally be created for each technique) ie, I use Timetex to add body to my In the Hoop products, and Pellon to give the quilted look. Once you are happy with your products, then you can experiment with other products ie heavy felt and or batting.

REQUIREMENTS:

- 2 pieces of background material for front and back of potholder
- Stabiliser – Heavy Tear-away stabiliser or you can use a 'material like' Water Soluble Stabiliser. (use 2 sheets at 90 degree angles)
- Pellon
- Timetex
- Temporary glue spray ie 505
- Sharp scissors to cut around the applique
- Your choice of embroidery threads as per design – if you wish the 'quilting' to be in the background, then choose a color similar to your background fabric
- Bobbin thread the same color as your final Satin Stitch 'frame'



1. Hoop your stabiliser, and attach hoop to your machine
2. In a neutral thread, stitch color 1, which gives you a placement guide for your background material



3. Place a piece of pellon, then your background fabric over the guidelines
4. Stitch color 2 which attaches your fabric and batting to the hoop (*do not cut around these edges yet, as unless you have a very light design, there will be a small amount of 'pull', and if you cut the fabric back at this point, you may risk the fabric pulling away from the Satin Stitch outline*)
5. Stitch out your chosen design, using the colors you require.



6. At this point, you remove your hoop from the machine, and using the design as a guideline, and using a temporary glue spray, place your backing – a piece of Timetex and/or your background fabric, over the back of the design.
7. Stitch next color which attaches your backing.
8. Remove your hoop from the machine, and carefully cut the excess fabric



away from both the back and front of the design. *Extra care at this point will ensure your potholder is nice and neat – the closer you can cut to the guideline, the less 'pokies' you will have at the end.*

9. Change your bobbin thread to the correct Satin Stitch color, and return your hoop to your machine.
10. Stitch next color which is a zig zag outline, that helps stabilise your

11. satin stitch outline.
Stitch final color which is the satin stitch frame



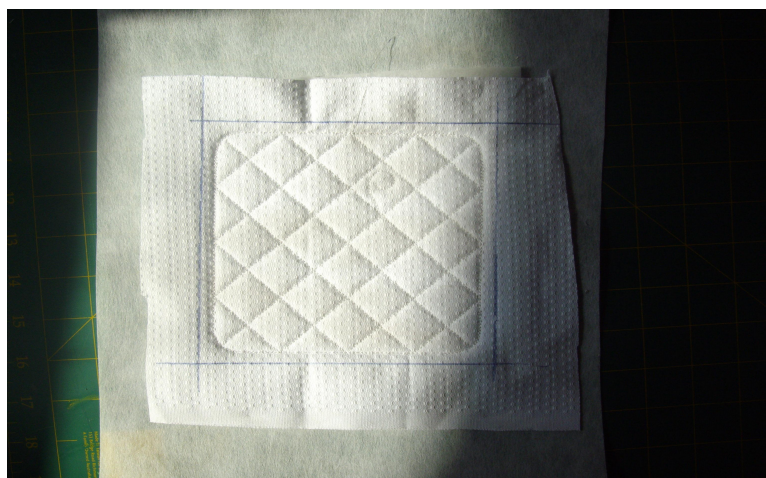
INSTRUCTIONS FOR LARGE HOOP POTHOLDER – BOUND WITH BIAS BINDING
** You can create the same potholder using your 4x4 hoop, simply make a quilt sandwich of pellon and/or timetex on your sewing machine, then follow the previous instructions, and place your pre-quilted sandwich in at step 3, and sew your 4x4 design.

If you do have a large hoop, then simply:

Follow steps 1-5 with your chosen design, as above for your front panel, and then either stitch a blank large hoop design, or another design panel to have designs on front and back of pot holder.

To cut the holder to size, I simply rule a pen line $\frac{1}{4}$ inch 6mm from the stitched edge (both front and back) and cut away the excess.

Then put front and back together – right sides out.



Blank Pot holder stitched out



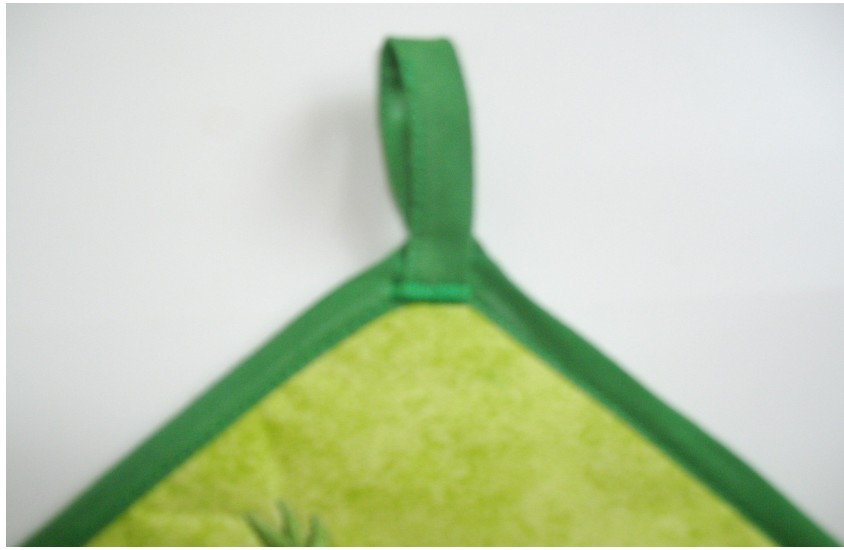
This is where you have choices – and it relates to your proficiency on your machine. Because I am not so good at attaching bias binding, I like to attach the bias to the front, then hand sew the binding on the back. However if you are good with your machine, or just hate hand sewing, then you can simply attach the binding to the back, then turn the binding to the edge, and machine sew on the rightside with a fancy stitch.



Either way, sandwich the top and bottom right sides out, and starting at the top corner (where you want the loop), attach the binding. When you get back to the top, sew the binding over your start point, and leave a tail at least double the length of your loop.



Turn your bias to the other side, and either handsew or machine sew, then turn the binding back on it self to create a loop. Using a zig zag stitch, sew the loop to the potholder.



This is the completed pot holder (just needs an iron to smooth out the binding)